Socioeconomic Inequity and Child Development

Abstract

Socioeconomic disparities in childhood are associated with remarkable differences in cognitive and socio-emotional development during a time when dramatic changes are occurring in the brain. Recent work has focused on understanding the neurobiological pathways through which socioeconomic factors shape development. Behavioral evidence suggests that language, memory, social-emotional skills, and executive functions exhibit relatively large differences across socioeconomic lines, and more recent work has found differences in socioeconomic differences in brain structure in the very regions that support these skills. It is likely that socioeconomic factors operate via multiple mechanisms to explain the development of different neural circuits. A theoretical model will be presented whereby differences in the home language environment and family stress likely impact particular brain systems, which in turn support distinct neurocognitive skills. Evidence for the model, as well as ongoing and future work testing aspects of the model, will be discussed. Finally, the question of interventions will be addressed, along with an overview of early findings from the first clinical trial of poverty reduction in early childhood.

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